

August Cover Art



Front Cover by
Stephen Paré:
Rolfing® and Artist

‘Disconnect’

The featured cover artist, Stephen Paré, is a part of *Structure, Function, Integration’s* history and legacy. He was on the editorial team for *Rolf Lines®* in 2000; he was the Editor-in-Chief for *Structural Integration: The Journal of the Rolf Institute®* from 2001 to 2005, and assisted on the editorial team until 2006. Since that time, Paré has carried on a Rolfing® Structural Integration (SI) practice in Houston, Texas. He has been producing artwork since 2004, and has written stories since 2012.

When preparing the theme of ‘Rolfing SI Is Trauma-Informed Work’, Paré’s original artwork came to mind, specifically the image ‘Disconnect’ which captures visually what a traumatic stress state might feel like – and how it might appear to a Rolfer.

Paré became aware of Rolfing SI at a young age. He happened to read about it in a book about massage (exotic enough in 1972), which happened also to have a mailing address for the Rolf Institute® (he still remembers the address, P.O. Box 1868). Intrigued by the brief description of the work, Paré wrote a letter and heard back with a typed list of all the Rolfers in the world and a gift of several back issues of the Institute’s journal. Paré eventually studied Rolfing SI at the Rolf Institute, graduating as a Rolfer in 1999 and establishing a practice in Houston.

Paré began creating digital images in 2004 and earned an MFA in 2013 from the University of Houston. His artwork originates on mobile devices, yet the images have a closer relationship with the culture and traditions of painting than with photography. Today’s technology allows him to use his finger on an iPad screen to simulate brushwork, and to use processes to simulate the hand action of traditional painting. He calls what he does Virtual Painting. He is also a writer of flash fiction, short texts that are inspired by his artworks, and he is publishing a collection of about 125 images with stories in a book, *The Divers*.

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Soundcloud Stephen Pare