



From the Dr. Ida Rolf Institute® Board of Directors

The Dr. Ida Rolf Institute (DIRI) has been updating its diversity and inclusion policies, and a year and a half ago created a Committee for Diversity and Anti-Racism chaired by Tristan Koepke. The Committee did many hours of work, informed by experience and culture, to devise language that captures the spirit of DIRI's intent. There are many federal policies that prevent discrimination, and those are listed in the statement. But the spirit exceeds those standards, and we wished to go further. After discussion with the Board of Directors, the final version of the diversity and inclusion statement you see on the next page was penned and approved on May 18, 2021. We hope the intent serves as an invitation to future enrollees at the Institute, and inspires other, similar organizations to adopt and publish their own statements.

Moreover, a recent survey (crafted by Dan Somers, Board Member) included questions asking DIRI members how important diversity and inclusion should be in DIRI's mission. There was an overwhelming response to the effect that these principles are very important.

We thank the committee members:

Tristan Koepke, Chair

Mary Contreras, DIRI Admissions Coordinator

Lu Mueller Kaul, DIRI Faculty

Marekah Stewart, Rolfer®

Brian Soderholm, Rolfer

On behalf of the DIRI Board of Directors,

Libby Eason, Board Chair

Committee for Diversity and Anti-Racism



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