Structure, Function, Integration.

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ON BALANCE

Being in relationship with gravity, the body brings the heart and the nervous system into equilibrium.



INSIDE INTERSTITIUM RESEARCH

Read about the time the liver pathologist characterized the fluid-filled spaces surrounded by a collagen lattice before he met the fascia researchers.

ORIENTING WITH MARY BOND

Take a trip into expansive awareness in your body mandala.



Also in this issue

Clinical Psychologist, Dr. Heather L. Corwin, gives the gift of witnessing.

